

# APPETIZERS

SOUP 5/7 - SEAFOOD SOUP (WHEN SERVED) 6/8 - FRENCH ONION 8

## HOT SEAFOOD ANTIPASTO

SHRIMP, SCALLOPS, CLAMS, MUSSELS, MUSHROOMS, ROASTED RED PEPPERS AND ARTICHOKE HEARTS IN A SHERRY MARINARA SAUCE. FINISHED WITH MELTED MOZZARELLA CHEESE AND FRIED EGGPLANT GARNISH 28

## MOZZARELLA STUFFED MEATBALLS

HAND-PACKED MEATBALLS STUFFED WITH FRESH MOZZARELLA FINISHED WITH HOMEMADE MARINARA, ROMANO CHEESE AND BALSAMIC REDUCTION 14

## LIGHTHOUSE CRAB CAKES

HAND-PACKED FRESH CRAB SERVED OVER MANGO SALSA. FINISHED WITH A SPICY TARRAGON AIOLI 15

## HEIRLOOM BRUSCHETTA

QUARTERED HEIRLOOM CHERRY TOMATOES, MINCED GARLIC, RED ONION AND FRESH BASIL. FINISHED WITH BALSAMIC REDUCTION AND ROMANO CHEESE. SERVED WITH TOASTED FRESH HERB FOCACCIA CROSTINI 14

## STEAMED LITTLE NECK CLAMS

A DOZEN LITTLE NECK CLAMS SERVED WITH MELTED BUTTER AND A FRESH LEMON WEDGE 12  
MUSSELS ALSO AVAILABLE

BIANCO - FRA DIAVOLO - MARINARA 1

## JUMBO SHRIMP COCKTAIL

SERVED WITH COCKTAIL SAUCE AND FRESH LEMON 12

## FRIED CALAMARI

CLASSIC FRIED CALAMARI WITH HOMEMADE MARINARA OR TOSSED IN THAI CHILI SAUCE WITH BANANA PEPPERS AND FRESH ARUGULA 14

## EGGPLANT CAPRESE

CRISPY FRIED EGGPLANT LAYERED WITH OVEN ROASTED TOMATOES, FRESH MOZZARELLA AND BASIL, PLACED ON A ARUGULA AND ROASTED RED PEPPER SALAD. FINISHED WITH A ROASTED GARLIC OIL, BALSAMIC REDUCTION, AND ROMANO CHEESE 12

## CRAB AND SPINACH ARTICHOKE DIP

FRESH CRAB MEAT FOLDED INTO HOMEMADE SPINACH ARTICHOKE DIP SERVED WITH TOASTED FRESH HERB FOCACCIA CROSTINI 15

## AHI TUNA POKE

SESAME SEARED AHI TUNA STEAK DICED OVER HOMEMADE MANGO SALSA WITH A WAKAME SOBA NOODLE SALAD AND FRIED WONTONS 14

## BONELESS/BONE-IN WINGS

BONELESS CHICKEN THIGHS OR BONE IN WINGS TOSSED IN YOUR CHOICE OF SAUCE AND SERVED WITH HOMEMADE BLUE CHEESE DRESSING 14

SEITAN WINGS ALSO AVAILABLE

HOT - MEDIUM - MILD - BBQ - HONEY BOURBON BBQ  
SESAME GINGER - THAI CHILI - GARLIC PARMESAN

# SALADS

CHICKEN 4 - SHRIMP 6 - SALMON 6 - SCALLOPS 6 - STEAK TIPS 7 - AHI TUNA 6

SEITAN 5 - VEGGIE BURGER 5 - BEYOND BURGER 5 - TOFU 4

GARDEN SALAD 5/10 - CAESAR SALAD 7/14

## MIXED FRUIT BERRY SALAD

MIXED GREENS TOPPED WITH TOASTED ALMONDS, CRUMBLed GOAT CHEESE, FRESH STRAWBERRIES, BLUEBERRIES, RASPBERRIES AND BLACKBERRIES WITH RASPBERRY VINAIGRETTE ON THE SIDE 15

## AHI TUNA SALAD

MIXED GREENS WITH SLICED SESAME AHI TUNA, FRESH STRAWBERRIES, FETA AND TOASTED ALMONDS WITH HOMEMADE LEMON POPPY VINAIGRETTE 15

## ROMAN CHEF SALAD

CREAMY BURRATA CHEESE AND JULIENNED ITALIAN CURED MEATS OVER A DRESSED MIXED GREEN SALAD WITH GRAPE TOMATOES, RED ONION, AND MARINATED ITALIAN VEGETABLES DRESSED WITH BALSAMIC GLAZE, ROASTED GARLIC OIL AND FRESH HERB FOCACCIA CROSTINI 15

## APPLE & CANDIED WALNUT SALAD

MIXED GREENS TOPPED WITH SLICED GRANNY SMITH APPLES, DRIED CRANBERRIES, CANDIED WALNUTS, AND CRUMBLed GOAT CHEESE WITH HOMEMADE CHAMPAGNE VINAIGRETTE 14

## THAI SALAD

CRISP SHREDDed CABBAGE, FRESH ARUGULA, SLICED AVOCADO, DICED MANGO, JULIENNED CARROTS AND PEANUTS MIXED IN A SESAME GINGER DRESSING 14

## ICEBERG WEDGE SALAD

CRISP ICEBERG LETTUCE WEDGES WITH CRISP BACON, CHERRY TOMATOES AND RED ONION DRESSED WITH HOMEMADE BLUE CHEESE DRESSING 13

## MEDITERRANEAN GRAIN SALAD

MIXED GREENS WITH GRAINS, KALAMATA OLIVES, ARTICHOKE HEARTS, GARBANZO BEANS, TOMATOES, RED ONION, FETA CHEESE AND ALMONDS MIXED IN HOMEMADE BALSAMIC 15

# LUNCHEON ENTRÉES

## SEAFOOD RISOTTO

SHRIMP, SCALLOPS AND LOBSTER IN A CREAMY CORN RISOTTO 20/28

## FISH & CHIPS

HAND BREADED HADDOCK SERVED WITH FRENCH FRIES, HOMEMADE COLESLAW AND YOUR CHOICE OF COCKTAIL OR TARTAR SAUCE 16

## SCALLOP & LOBSTER CAPRESE PASTA

PAN SEARED SHRIMP AND LOBSTER, CILIEGINE MOZZARELLA, AND GRAPE TOMATOES IN A LIGHT LEMON PESTO SAUCE TOSSED WITH PAPPARDELLE. GARNISHED WITH ITALIAN BREADCRUMBS AND BALSAMIC REDUCTION 20

## CRISPY CALAMARI & SEAFOOD MARINARA

SHRIMP, SCALLOPS, ONIONS AND MUSHROOMS IN A SHERRY MARINARA WITH CHEESE TORTELLINI. FINISHED WITH FRESH FRIED CALAMARI AND GRATED ROMANO 18

## BROILED LOBSTER TAIL

8 oz. LOBSTER TAIL BROILED WITH A WHITE WINE LEMON BUTTER SAUCE, WILD RICE AND ASPARAGUS. SERVED WITH MELTED BUTTER AND A FRESH LEMON WEDGE - MARKET PRICE

## SEAFOOD STUFFED SOLE

OVEN ROASTED SOLE FILETS WRAPPED AROUND A CRAB AND SCALLOP STUFFING. SERVED WITH WILD RICE AND CHARRED BROCCOLI 18

## CHICKEN OR EGGPLANT PARMESAN

HAND BREADED CHICKEN BREAST OR EGGPLANT WITH MELTED MOZZARELLA AND ROMANO, HOMEMADE MARINARA AND SERVED OVER CAPPELLINI 18/16  
MAKE IT A SORRENTO 4

## SUPERFOOD BOWL

ANCIENT GRAINS WITH OVEN ROASTED BRUSSEL SPROUTS AND CAULIFLOWER, DICED SWEET POTATOES, FRESH ARUGULA, SLICED AVOCADO AND A PLANTAIN GARNISH. FINISHED WITH A CAJUN THAI REMOULADE 16  
CHICKEN 4 - SHRIMP 6 - SCALLOPS 7 - STEAK 7 - SEITAN 5 - TOFU 5

# PASTABILITIES

CHOOSE A PASTA AND ONE OF OUR HOMEMADE SAUCES  
14

## PASTAS

CAPELLINI  
BUCATINI  
CAVATAPPI  
PAPPARDELLE  
RISOTTO  
LOBSTER RAVIOLI 4  
CHEESE TORTELLINI 2  
GLUTEN FREE PASTA 2

## SAUCES

MARINARA  
ALFREDO  
ALA VODKA  
AGLIO E OLIO  
CRUSHED POMODORO  
SCAMPI  
FRA DIAVOLO  
BOLOGNESE 4

# ACCOMPANIMENTS

ADD AS MANY ACCOMPANIMENTS AS YOU DESIRE TO PUT YOUR SIGNATURE ON THE DISH

CHICKEN 4  
STEAK TIPS 7  
SAUSAGE 4  
MEATBALLS 4  
BACON 4  
STUFFED MEATBALLS 5  
SEITAN 5

BROCCOLI 1  
ASPARAGUS 2  
KALAMATA OLIVES 1  
MUSHROOMS 2  
BANANA PEPPERS 2  
VEGGIE BURGER 5

ARTICHOKE HEARTS 2  
FEATHERED ONIONS 1  
ROASTED RED PEPPERS 2  
CHERRY TOMATOES 1  
ANCHOVIES 2  
BEYOND BURGER 5

LOBSTER 12  
SCALLOPS 7  
SALMON 6  
SHRIMP 6  
CLAMS 6  
MUSSELS 5  
TOFU 4

# SANDWICHES

FRENCH FRIES 3 - SWEET POTATO FRIES 4 - EGGPLANT FRIES 4 - ONION RINGS 4

## SOFT SHELL CRAB BLT

HAND BREADED WILD CAUGHT BLUE CRAB WITH CRISP BACON, LETTUCE, TOMATO AND RED ONION ON A TOASTED BRIOCHE BUN WITH A LEMON CAPER REMOULADE 16

## GRILLED SWORDFISH SANDWICH

8 oz. WILD CAUGHT, HAND CUT SWORDFISH ON A TOASTED BRIOCHE BUN WITH FRESH ARUGULA AND RED ONION WITH A CILANTRO LIME AIOLI 16

## MARYLAND SALMON BURGER

HAND PACKED AND PAN SEARED MARYLAND STYLE SALMON CAKE SERVED ON A TOASTED BRIOCHE BUN WITH ARUGULA, SLICED TOMATO AND RED ONION WITH CAJUN THAI REMOULADE 16  
ALSO AVAILABLE BLACKENED

## ITALIAN STYLE QUESADILLA

A BLEND OF JULIENNED PROSCIUTTO, SOPPRESSATA, CAPICOLA AND SALAMI WITH MOZZARELLA CHEESE AND FRESH BASIL INSIDE OF A SUNDRIED TOMATO TORTILLA. FINISHED WITH BALSAMIC REDUCTION AND ROMANO CHEESE. SERVED WITH HOMEMADE MARINARA SAUCE 15

## BEYOND BURGER

100% PLANT BASED BURGER SUBSTITUTE THAT LOOKS, COOKS AND TASTES JUST LIKE THE REAL THING. PREPARED ON A TOASTED PRETZEL BUN WITH FRESH ARUGULA, SLICED TOMATO AND RED ONION SERVED WITH SWEET POTATO FRIES 15

HOMEMADE VEGGIE BURGER AVAILABLE

VEGAN CHEESE AVAILABLE 1

CHEESE 1 - BACON 1 - ONIONS 1 - MUSHROOMS 1 - AVOCADO 2

## NEW ENGLAND LOBSTER ROLL

FRESH CHILLED NORTH ATLANTIC LOBSTER TOSSED IN A CITRUS AIOLI SERVED ON A TOASTED NEW ENGLAND STYLE BRIOCHE ROLL WITH LETTUCE AND FRESH CUT SCALLIONS - MARKET PRICE  
ALSO AVAILABLE BUTTER POACHED

## TURKEY APPLE BACON MELT

HICKORY SMOKED TURKEY, GRANNY SMITH APPLES, CRISP BACON, HONEY BOURBON BBQ SAUCE AND SMOKED GOUDA ON TOASTED WHEAT BREAD 15

## BLACKENED CHICKEN AND AVOCADO

BLACKENED CHICKEN BREAST ON A TOASTED PRETZEL BUN WITH ARUGULA, SLICED TOMATO, RED ONION AND SLICED AVOCADO. FINISHED WITH SRIRACHA RANCH 15

## BLACK ANGUS BURGER



8 oz. CERTIFIED ANGUS BEEF® ON A TOASTED BRIOCHE BUN WITH LETTUCE, SLICED TOMATO, RED ONION AND A FRIED ONION GARNISH 12  
HOMEMADE VEGGIE BURGER AVAILABLE 1  
CHEESE 1 - BACON 1 - ONIONS 1 - MUSHROOMS 1 - AVOCADO 2

## PRIME RIB MELT



THINLY SHAVED CERTIFIED ANGUS BEEF® PRIME RIB, SAUTEED ONIONS AND MUSHROOMS, CHEDDAR CHEESE AND ROASTED GARLIC HORSE RADISH AIOLI ON TOASTED WHITE BREAD WITH AU JUS 15

## REUBEN SANDWICH



SLICED CERTIFIED ANGUS BEEF® CORNED BEEF OR SMOKED TURKEY ON GRILLED RYE BREAD WITH MELTED SWISS CHEESE, SAUERKRAUT AND HOMEMADE RUSSIAN DRESSING 14

## THE POPOLIZIO

THINLY SHAVED PROSCIUTTO, CAPICOLA, SALAMI, AND SOPPRESSATA WITH PROVOLONE CHEESE, ROASTED RED PEPPERS, LETTUCE, SLICED TOMATO, AND RED ONION. FINISHED WITH BALSAMIC REDUCTION AND SERVED ON A TOASTED FRESH HERB FOCACCIA ROLL 14